



Music Therapy Board Certification Resources for Test Preparation

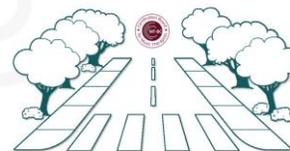
From the: February 19, 2026, Educator & Internship Director Discussion



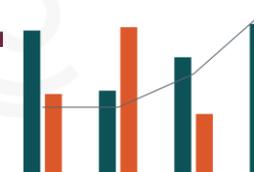
RESOURCES FOR TEST PREPARATION



JOURNEY TO MT-BC



ANALYSIS & REPORTING

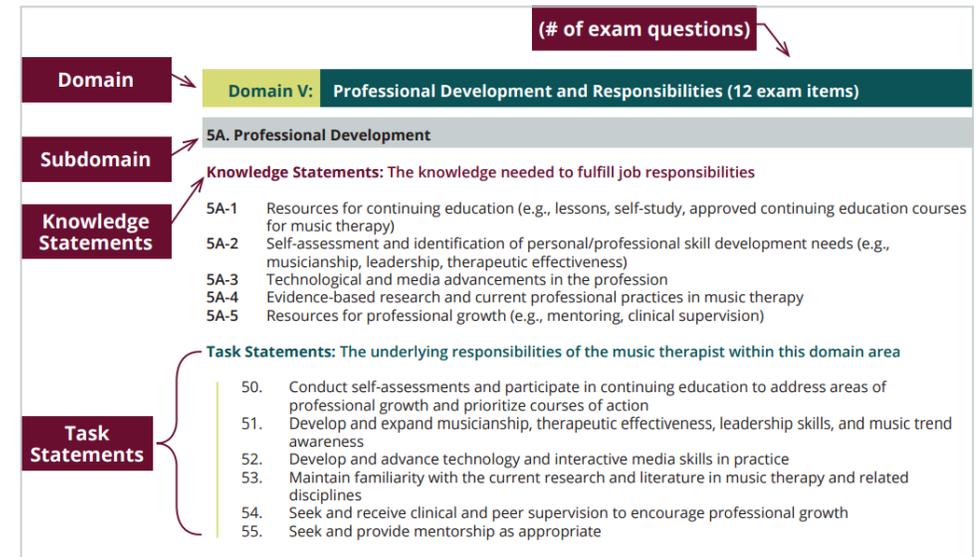


Resource 1: Board Certification Domain Document

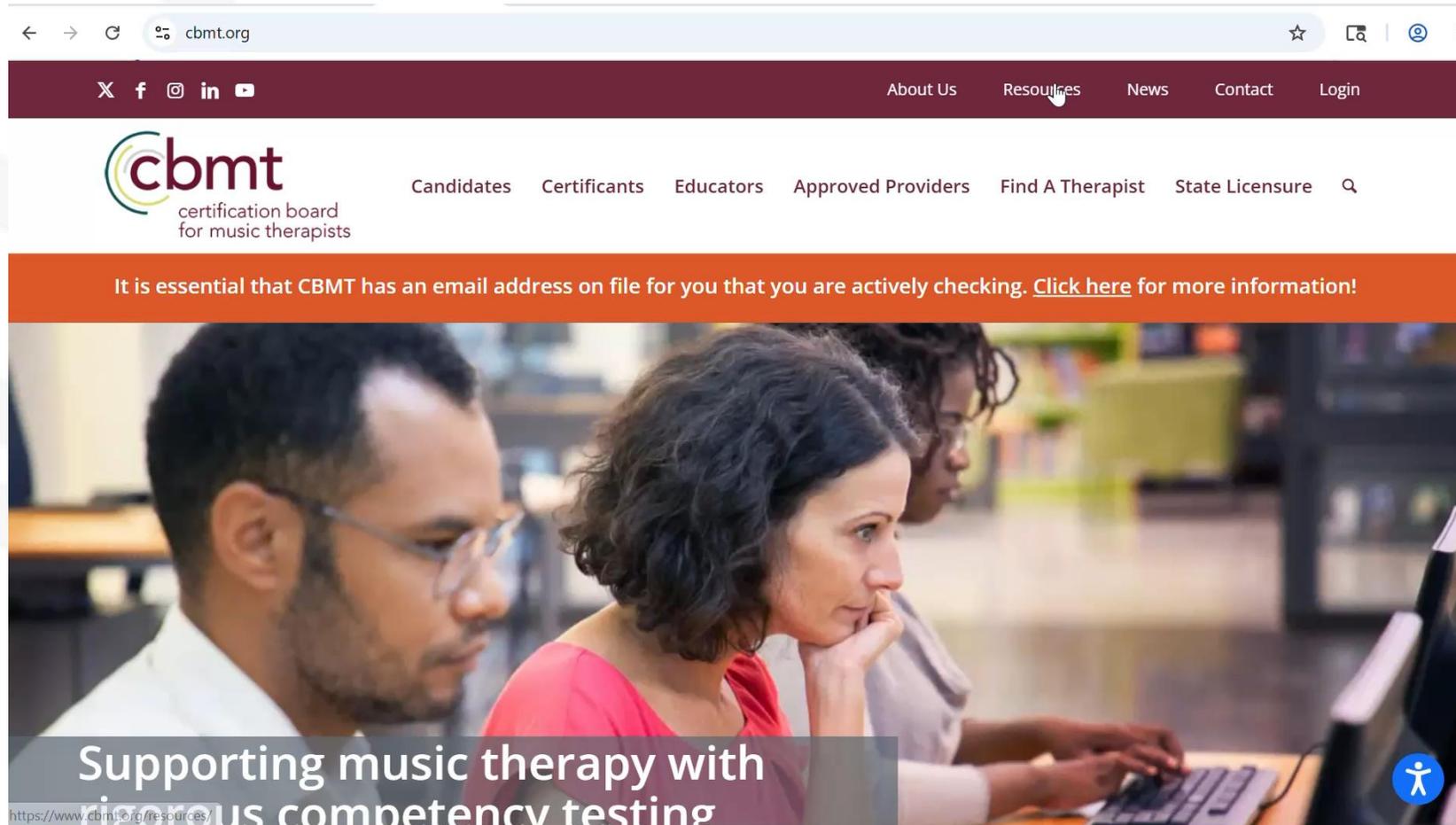
The BCD is an Exam Content Outline.

- The five competency areas (content domain levels) from the 2019/2020 BCD remain unchanged.

Competency Areas	
1	Safety
2	Referral, Assessment, Interpretation of Assessment, and Treatment Planning
3	Treatment Implementation and Documentation
4	Evaluation and Termination of Treatment
5	Professional Development and Responsibilities



Navigating the CBMT Website: Board Certification Domains Document



Resource 2: Bibliography An Active Tool For Review

Exercise:

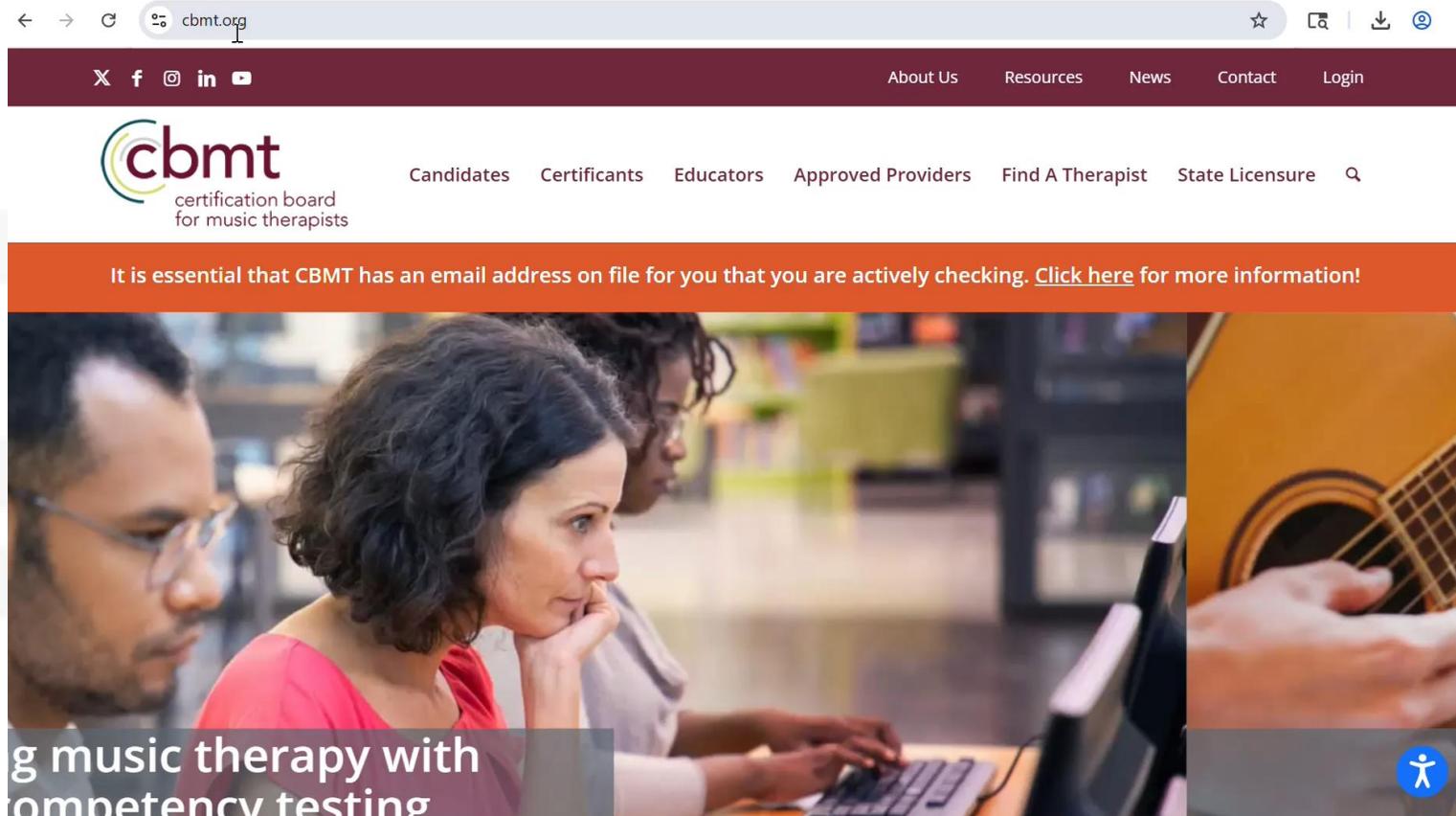
- Transform the bibliography into an annotated source list
 - Summarize
 - Create multiple choice questions
 - Argue the relevance to learnings

SELF-ASSESSMENT RESOURCES

SELF-ASSESSMENT BIBLIOGRAPHY – 2025

SELF-ASSESSMENT BIBLIOGRAPHY FULL LIST 2025

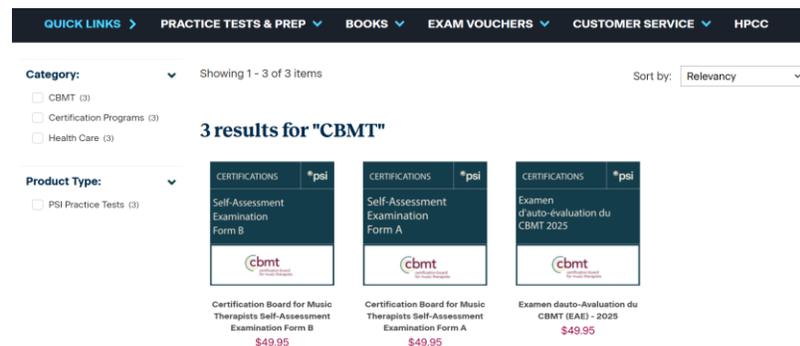
Navigating the CBMT Website: Bibliography



Resource 3: Self-Assessment Exams

Description

- The CBMT Self-Assessment Examination (SAE) is a 130-question online practice exam that was developed to be parallel in content and difficulty to the actual music therapy board certification exam.
- The SAE should be regarded as a diagnostic tool to assess strengths and weaknesses, rather than a study guide for the examination.
- A passing score on the SAE does not in any way guarantee a passing score on the MT-BC certification examination, and the utilization of this tool is not a requirement for eligibility or for success in passing the certification examination.
- The SAE will be available online to the purchaser for a period of 90 days from the date the order is placed.

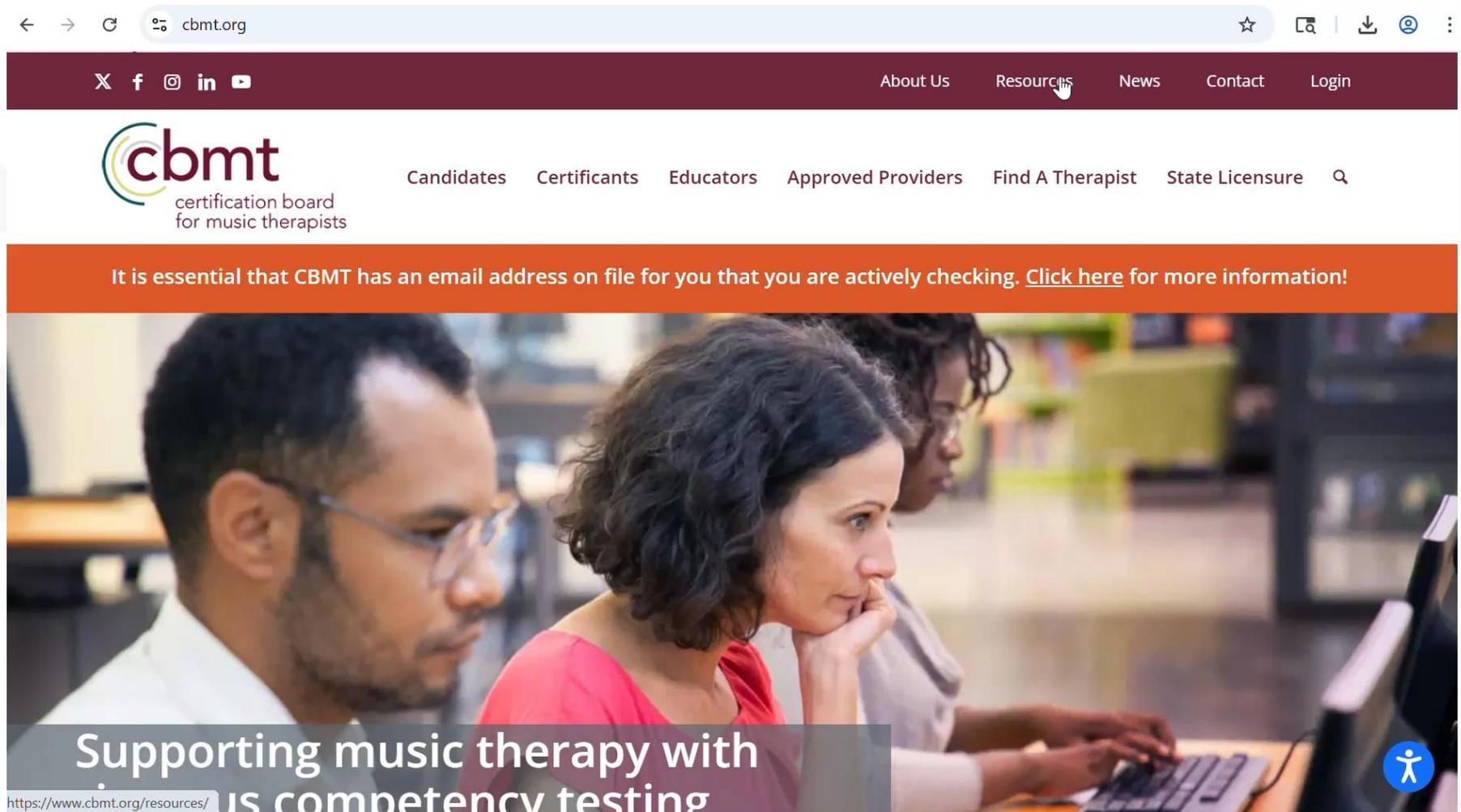


The screenshot displays a website interface with a navigation bar at the top containing links for QUICK LINKS, PRACTICE TESTS & PREP, BOOKS, EXAM VOUCHERS, CUSTOMER SERVICE, and HPCC. Below the navigation bar, there is a search filter section with a 'Category' dropdown set to 'Showing 1 - 3 of 3 items' and a 'Sort by' dropdown set to 'Relevancy'. The search results are titled '3 results for "CBMT"' and list three items:

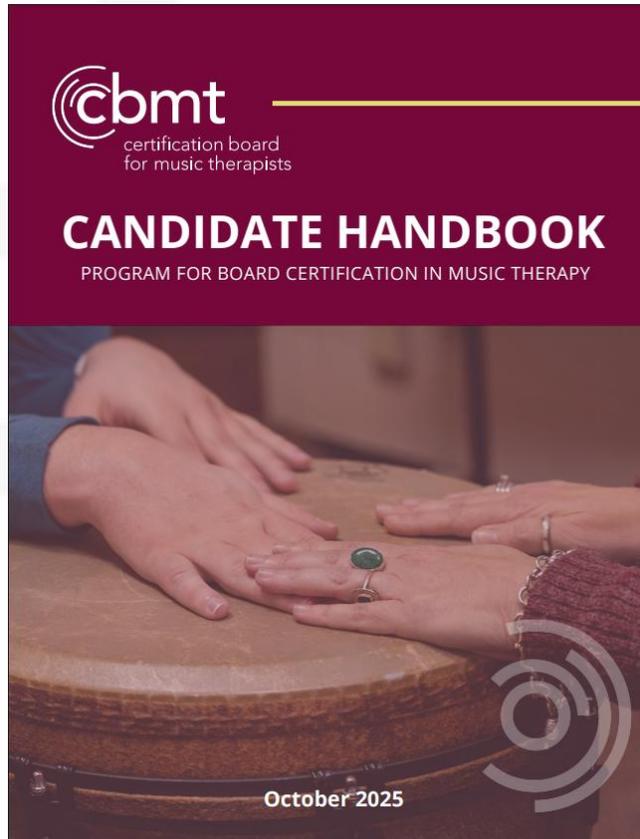
Product Type	Item Name	Price
<input type="checkbox"/> CBMT (3)	CERTIFICATIONS *psi Self-Assessment Examination Form B	\$49.95
<input type="checkbox"/> Certification Programs (3)	CERTIFICATIONS *psi Self-Assessment Examination Form A	\$49.95
<input type="checkbox"/> Health Care (3)	Examen d'auto-évaluation du CBMT 2025	\$49.95

Each item card includes the CBMT logo and the text 'Certification Board for Music Therapists Self-Assessment Examination Form B/A' or 'Examen d'auto-évaluation du CBMT 2025'.

Navigating the CBMT Website: Self-Assessment Examinations



Resource 4: CBMT Candidate Handbook



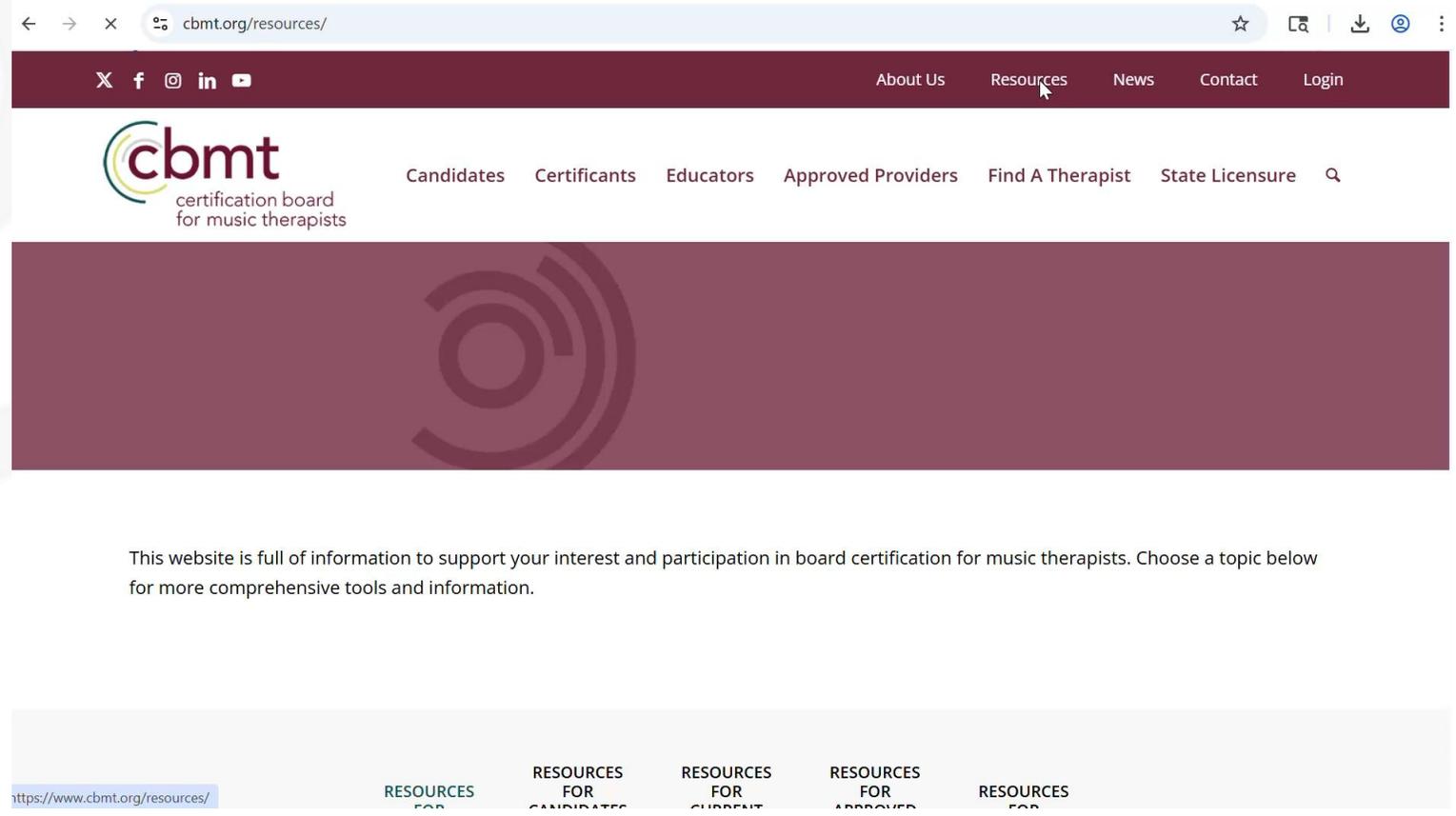

certification board
for music therapists

**The Certification Board for Music Therapists (CBMT)
Candidate Handbook TABLE OF CONTENTS**
Click to Explore

Contact Us
Introduction: Overview of the Certification Board for Music Therapists.
Statement of Nondiscrimination: Assurance of equal opportunity for all candidates.
Examination Admission Requirements: Academic and clinical prerequisites for eligibility.
International Candidates: Process for candidates with international degrees.
Applying for an Examination: Steps for application and scheduling.
Scheduling an Examination: How to schedule your exam.
Required Documentation for Verification of Eligibility: Required documents for verification of eligibility.
Eligibility Review and Appeal Policy: Process for appealing certification-related issues.
State Licensure: Guidance for candidates seeking state licensure.
Special Arrangements for Disabilities: Accommodations for candidates with disabilities.
Test Center Locations: Information on test center locations.
Examination Fees: Fee structure for new, re-entry, and alternate admission candidates.
Missed Appointments and Forfeitures: Conditions under which fees are forfeited.
Inclement Weather or Emergencies: Policies for rescheduling due to unforeseen events.
Examination Appointment Changes: Rules for rescheduling exam appointments.
Examination Content: Structure and content of the exam.
Board Certification Domains and Examination Outline: Outline of certification domains. Found on cbmt.org
Preparing for the Examination: Suggestions for studying and preparation.
Sample Questions: Examples of exam questions.
Examination Day Instructions: Procedures and requirements for test day.
Security: Security measures at test centers.
Examination Restrictions: Rules for conduct during the exam.
Misconduct: Consequences for violating exam rules.
Copyrighted Questions: Legal protection of exam content.
Practice Test: Opportunity to practice before the timed exam.
Timed Examination: Details on the timed exam format.
Post-Exam Procedures: Evaluation and score reporting.
Examination Appeal Policy: Policy for challenging exam fairness.
Passing the Examination: Credentialing process for successful candidates.
Failing the Examination: Reapplication process for unsuccessful candidates.
Scores Canceled by the CBMT or PSI: Reasons for score invalidation.
Confidentiality: Privacy of candidate information.
Recertification: Requirements for maintaining certification.
Revocation of Certification: Grounds for losing certification.
Code of Professional Practice: Ethical guidelines for certificants.
Approved Programs: List of AMTA and CAMT-approved music therapy programs.
Special Accommodations Forms: Forms for requesting disability-related accommodations.

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Navigating the CBMT Website: Candidate Handbook



MT-BC EXAMINATION ITEM EXAMPLE

Stem (Question):

After six months of treatment to promote a child's language development, the music therapist wishes to determine the effectiveness of music therapy treatment. The therapist should

Four Answer Options:

Key (Correct Answer):

A. repeat the initial assessment to compare results.

Distractors: Incorrect Answers

- B. arrange to have a speech/language therapist evaluate the child.
- C. administer a new evaluation tool specifically designed for this child.
- D. apply a standardized test to assess current level of language development.

Understand the Question

Read the stem first

Figure Out the Goal
What is it really asking?

Think of the Best Answer

Before looking at choices

Check the Options
Safest and most effective

Eliminate Wrong Answers

Unsafe or less helpful

Choose the BEST Answer

Not perfect — best

Double-Check
Does it answer the question?

Multiple-Choice Study Tool

- Take what you learned and/or experienced and create a multiple-choice question
 - Write the stem (the problem or question)
 - Write the correct answer
 - Write the distractors
 - Review and revise
 - Get/Give feedback
- Memorization alone is limited—understanding the why and the how is necessary to translate learning into sound clinical reasoning and judgment.
- If you cannot explain the problem and the solution out loud to someone you probably do not understand it fully.



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Play K

Examination



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