



## Music Therapy Board Certification

Self-Assessment Examination Bibliography - List. Not Categorized by Domain Area.  
Effective October 27, 2025

### Overview

This reference list is not exhaustive but aims to introduce you to some textbooks and materials for practicing music therapists. The inclusion of these resources does not imply endorsement by CBMT. "Primary" indicates broad sources of information (e.g., "An Introduction to Approaches in Music Therapy") or key AMTA materials (e.g., Code of Ethics, Professional Competencies). "Secondary" sources are those that have more specialized information and provide a deeper understanding of a particular aspect or population in music therapy (e.g. "Music in Special Education" or "An Introduction to Music Therapy Research").

### Primary Resources

- American Music Therapy Association. (2019). Code of Ethics. Silver Spring, MD: Author.
- American Music Therapy Association. (2013). Professional Competencies. Silver Spring, MD: Author.
- American Music Therapy Association. (2015). Standards of Clinical Practice (revised). Silver Spring, MD: Author.
- American Music Therapy Association and Certification Board for Music Therapists. (2015). Scope of Music Therapy Practice. Silver Spring, MD and Downingtown, PA: Authors.
- American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders (5th ed.). Arlington, VA: American Psychiatric Publishing.
- Beer, L. & Birnbaum, J. (2023) Trauma-Informed Music Therapy. New York: Routledge.
- Belgrave, M. & Kim, S.-A. (2020) Music Therapy in a Multicultural Context. London: Jessica Kingsley Publishers.
- Bruscia, K. E. (2014). Defining Music Therapy (3rd ed.). Gilsum, NH: Barcelona.
- Certification Board for Music Therapists. (2021). Code of Professional Practice (revised). Downingtown, PA: Author

## Primary Resources continued

- Darrow, A. (2008). *An Introduction to Approaches in Music Therapy* (2nd ed.). Silver Spring, MD: American Music Therapy Association.
- Davis, W., Gfeller, K., & Thaut, M. (2008). *An Introduction to Music Therapy: Theory and Practice* (3rd ed). Silver Spring, MD: American Music Therapy Association.
- Dileo, C. (2021). *Ethical thinking in music therapy*. Cherry Hill, NJ: Jeffrey Books.
- Gardstrom, S. (2007). *Music Therapy Improvisations for Groups: Essential Leadership Competencies*. Gilsum, NH: Barcelona Publishers.
- Hanser, S. B. (2018). *The New Music Therapist's Handbook* (3rd ed). Boston: Berklee.
- HIPAA: Privacy rule. *Guide for music therapists* (2004). Silver Spring, MD: American Music Therapy Association.
- Knight, Andrew J., LaGasse, A. Blythe, & Clair, A. (2018) *Music Therapy: An Introduction to the Profession*. Silver Spring, MD: American Music Therapy Association.
- Murakami, B. (2021). The Music Therapy and Harm Model (MTHM). Conceptualizing harm within music therapy practice. *ECOS - Revista Científica de Musicoterapia y Disciplinas Afines*, 6(1), e003.
- Thaut, M. (2005). *Rhythm, Music, and the Brain*. New York: Routledge.
- Universal Precautions as defined by the Centers for Disease Control and Prevention. (2023)
- Viega, M., dos Santos, A., & Wheeler, B.L. (2025) *Music Therapy Handbook* (2nd ed.). New York: The Guilford Press.

## Secondary Resources

- Adamek, M.S. & Darrow, A.A. (2018). Music in Special Education. (3rd ed.). Silver Spring, MD: American Music Therapy Association.
- Allen, J. (2013). Guidelines for Music Therapy Practice in Adult Medical Care. (1st ed.). Gilsum, NH: Barcelona Publishers.
- Bradt, J. (2013). Guidelines for Music Therapy Practice in Pediatric Care. (1st ed.). Gilsum, NH: Barcelona Publishers.
- Clair, A. A., & Memmott, J. (2009). Therapeutic Uses of Music with Older Adults (2nd ed.). Silver Spring, MD: American Music Therapy Association.
- Eyre, L., Bruscia, K. (2013). Guidelines for Music Therapy Practice in Mental Health Care. (1st ed.). Gilsum, NH: Barcelona Publishers.
- Hillard, R., & Brooks, J. (2005). Hospice and Palliative Care Music Therapy: A Guide to Program Development and Clinical Care. King of Prussia, PA: Rittenhouse.
- Hintz, M. (2013). Guidelines for Music Therapy Practice in Developmental Health. (1st ed.). Gilsum, NH: Barcelona Publishers.
- Peters, J. (2016). Music therapy: An Introduction (3rd ed.). Springfield, IL: Charles C Thomas.
- Silverman, M.J. (2022). Music therapy in mental health for illness management and recovery. Oxford: Oxford University Press.
- Wheeler, B. L. (Ed.). (2016). An Introduction to Music Therapy Research. (3rd ed). Gilsum, NH: Barcelona Publishers.
- Whitehead-Pleaux, A., Donnenwerth, A., Robinson, B., Hardy S., Oswanski, L., Forinash, M., Hearn, M., Anderson, N., York, E. (2012). Lesbian, Gay, Bisexual, Transgender, and Questioning: Best Practices in Music Therapy.